

Impact of Parenting Styles on Adolescents

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ABSTRACT

Parenting techniques are becoming increasingly important in modern culture. It reflects the many parenting styles that parents employ when raising their children. This article investigates the various parenting techniques used by households. Modern parenting is fraught with a slew of challenges. Parenting patterns are the core cause of the majority of mental health issues that occur in adolescence. Depending on their culture and cultural pressures, most parents employ a range of parenting approaches. The report explains the patterns of parenting styles and their effects on child development. In India, the influence of socioeconomic changes on kids has gotten a lot of attention. Parenting styles must evolve in response to societal developments. The impact of socioeconomic class on parenting style choices is also examined.

Keywords: Adolescents, Parenting style, Impact, Patterns of parenting styles and Issues of parenting styles.

INTRODUCTION

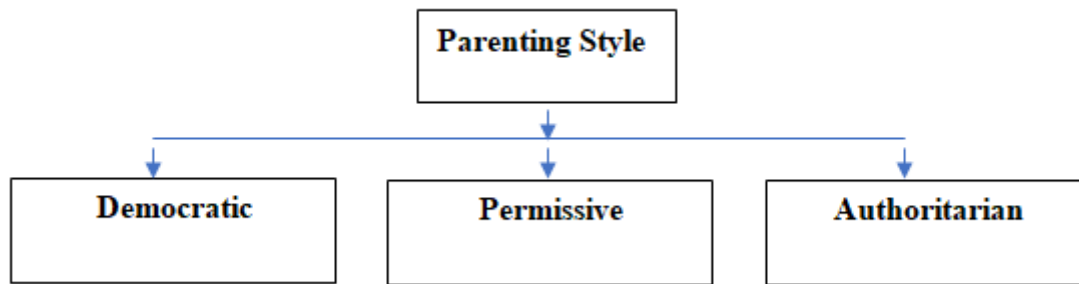
Parenting that prepares adolescents for the demands of the culture or subculture in which they live is considered good parenting. Despite this, we can draw some general conclusions about the components of good parenting. We can go a long way toward figuring out which parenting styles are most effective in preparing adolescents for adulthood. Parental style, according to Darling and Steinberg (1993), is the overall climate of parent-child interactions. It provides a useful backdrop for the parent's interactions with the child. In terms of child development, parenting style is a significant factor. It has a negative impact on adolescent's psychological and social development. The influence of one's own parents has a big impact on parenting style.

Permissive parents' adolescents were immature. They struggled with impulse control and were defiant and rebellious when asked to do anything that went against their immediate wants. They were also unduly demanding and reliant on people, and they were less committed to preschool activities than adolescents whose parents had more control. Boys had a particularly high relationship between permissive parenting and dependent, non-achieving conduct (Berk, 1998). Society has a tendency to think that parenting comes easily to parents and that they simply know what to do when it comes to discipline, caring, toilet training, and esteem development. This viewpoint is gradually shifting. Parents today are more willing to admit that they don't always have all the answers or that they may not wish to raise their children in the same way that they were raised. Parenting approaches from the past are becoming increasingly difficult to rely on as a result of societal developments. As India opens up to western influences, the rate of societal change is quickening. Because of the rapidity with which these changes occur, children are confronted with difficulties that their parents could never have imagined. The influence of societal change on children development and parenting methods should be investigated further. Parenting styles now are not the same as they were in the past. Lower and working-class parents have a tendency to emphasise compliance and respect for authority at a young age, to be more restrictive and authoritarian, to use more forceful punishment more frequently, and to exhibit less warmth and care. The top and middle classes, on the other hand, adopted authoritarian or lenient parenting methods. Regardless of their affluence, modern families are providing their children greater freedom and flexible disciplining procedures. The number of children, the individual personalities of the parents and kid, the attitudes of the parents, and the structure of the family all influence parenting styles (Schwartz and Scott, 1994).

In order to keep up with cultural developments, parenting styles must evolve. In today's parenting, it's critical to be aware of your parenting style. Even if other society organisations have taken over most of the duties of families, parents remain the primary socializers of their children. As a result, their parenting approach has far-reaching societal implications.

Each parenting method has its own set of benefits and drawbacks. The martyring parents confront a number of issues, including whether the goals they set are realistic, and whether they feel terrible all of the time. There are some relationship hazards, as the parents as pals style clearly out. If things don't go as planned, parents may opt for

a more formal, authoritarian parenting style. However, it is difficult to reclaim power once they have formed a buddy connection.



Parenting Style Issues

For dads and mothers attempting to raise their adolescents, the incompatibility of the parenting role with the working role is only one cause of aggravation. At least five possible sources of parental dissatisfaction have been identified (Lamanna and Riedmann, 1988):

- 1) Today's parenting necessitates the acquisition of attitudes and procedures that differ from those of one's parents.
- 2) Today's parents raise their adolescents in a pluralistic culture marked by a diversity of and clashing values; parents are merely one of many impacts on adolescents. Schools, peers, television, movies, music, literature, and travel are among the others.
- 3) Parents are worried and embarrassed about their adolescents' performance.
- 4) Switching from one best technique to another as a goal.
- 5) Society does not provide much psychological or social assistance to parents.

METHODOLOGY

The sample consisted of 380 respondents, 90 teenage males and girls between the ages of 14 and 15, plus one of their parents, for a total of 180 people picked at random from Hisar, Haryana schools. The parenting interactional style questionnaire (PISQ) was used to investigate parents' parenting styles, while a modified questionnaire was utilised to investigate teenagers' impressions of their parents' parenting styles. Adolescent personality development was studied using the MAP series form T. Adolescents and their parents were asked to fill out a questionnaire, which was used to collect data. The information gathered was coded, scored, tallied, and evaluated using statistical methods.

RESULTS AND DISCUSSION

Majority of the adolescents were in average and high categories with regard to almost all the dimensions of personality development. Democratic parenting style was positively and significantly related to personality development of adolescents and it is followed by permissive parenting style. Authoritarian parenting style was negatively but not significantly related to personality development of adolescents. Adolescents belonging to democratic styles had better personality development and it is followed by permissive and authoritarian parenting styles. Adolescents belonging to authoritarian parenting style had lowest mean scores in almost all the dimensions compared to adolescents from democratic and permissive parenting styles. Strong determinants of personality development of adolescents belonging to authoritarian parenting style are education.

CONCLUSION

The impact of parenting styles on adolescents' personality development result in the following features of authoritarian parenting: poor self-esteem and external locus of control. Children with a democratic reciprocal parenting style have psychological traits including aggression, impulsivity, and a lack of independence in their capacity to accept responsibility. As a result, the current study, named " impact of parenting styles on adolescents " was done to determine the parenting styles used by parents, as well as adolescents' opinions of their parents' parenting styles and personality development. The study's goals were to look at how different parenting approaches were regarded by adolescents. To investigate the various parenting styles used by parents in relation to their children. In today's parenting, it's critical to be aware of your parenting style. Even if other society organisations have taken over most of the duties of families, parents remain the primary socializers of their children. As a result, their parenting approach has far-reaching societal implications.

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